

## PRE TREATMENT CARE FOR SKIN REJUVENATION, ACNE & FTV

It is important that the client avoids the following within a **30 day** period prior to treatment:

- Do NOT sunbathe or use sun beds
- Avoid self tanning products

For **7 days** prior to the treatment

- Do NOT have electrolysis, Do NOT wax
- Do NOT bleach, Do NOT use depilatory creams
- DO NOT use anti-inflammatory medications (including aspirin & ibuprofen)

**Do not smoke 4 hours before treatment**

Please be sure to follow a **PATCH TEST PROTOCOL** before treatment (refer to patch test protocol in the manual).

## POST TREATMENT CARE

We would advise that the client should do the following for the next **30 days** after the Ellipse Light treatment.

- Avoid sun exposure or sun beds
- Wear at least a sun protection of 30 or higher when outside

The client should avoid the following for the next **48 hours** after the treatment.

- No perfumed products or make-up
- No excessive heat e.g. saunas, steam rooms or hot baths
- No swimming or gym
- No touching, picking or scratching the area
- No anti-inflammatory medications (including aspirin & ibuprofen) (4-7 days)

**Please note:** Pure Aloe Vera gel can be used for the next 48 hours after the treatment if any reaction persists.